

# James Center

Fall 2002

## James Center Fall

The summer's been hard on everyone – setting records for heat and drought. Fall has never been so welcome. The energy level picks up after Labor Day, work gets serious and, at the James Center – a always a busy place, the pace builds dramatically.

We will do a full newsletter for the holiday season, but we wanted our James Center tenants to be aware of some important things taking place this fall...hence, this abbreviated edition.

The bus trips to Regency and the Farmers' Market have been well received, and we thought a **fall bus trip to Maymont** would be fun. Maymont is one of the most beautiful places in Richmond and its location adjacent to Byrd Park makes it a fairly close neighbor of the James Center. The new Nature Center is something everyone should see.

If you would like to visit Maymont on **Wednesday, October 30<sup>th</sup>** and enjoy a delicious box lunch and tour of the Nature Center and gift shop, please call Robin Austin at 344-3232 and make a reservation. Space is limited to the first 40 people. The bus will leave from the clock tower at 11:45 a.m. and return at 1:15 p.m. Of course, it's free to James Center tenants.

If this trip is successful, we'll tour Maymont's Dooley Mansion in the Spring.

**Flu Shots** will be offered in the Atrium on Monday, November 4<sup>th</sup> from 11:00 a.m. to 2:30 p.m. The cost is \$15.00, which covers the cost of the serum. It's an easy way to get your flu vaccine without making a trip to the doctor's office.



*The Ice Cream Social marks the end of Summer at James Center.*

---

## Book Fair

If you enjoyed the **Wachovia Book Fair** in September, the bank will sponsor the fair for three more days in October – the 8<sup>th</sup> through the 10<sup>th</sup> – in the Atrium. The wide variety of books is provided by Fountain Bookstore in the Slip and 20% of the proceeds go the American Heart Association. Books make wonderful gifts.

And, speaking of books, don't forget to read *A Lesson Before Dying* by Ernest J. Gaines. This is the wonderful book chosen by GoRead! for the entire community to read and discuss this fall. The author will visit Richmond in December for a public reading.

---

# Fall Calendar

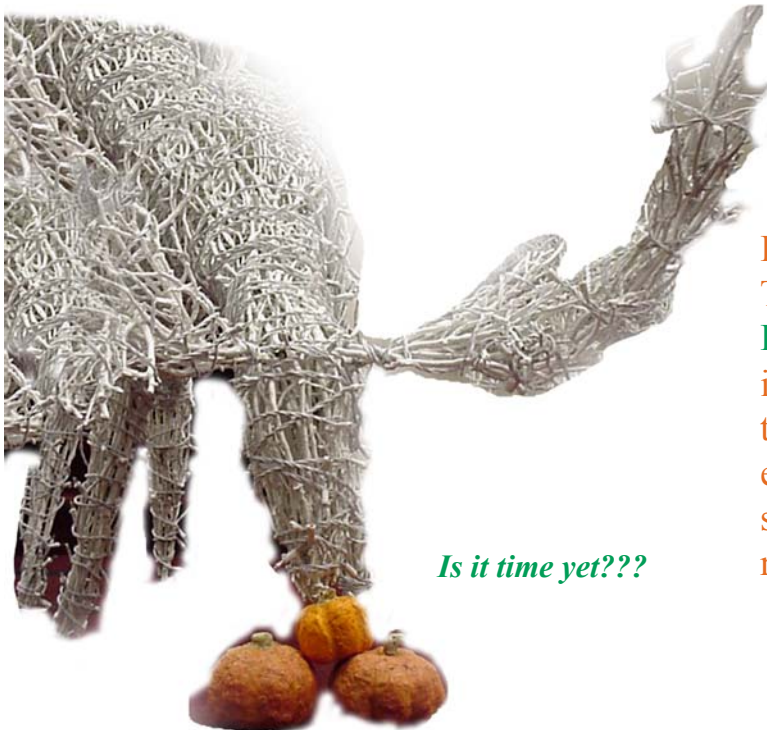
*The Atrium, Lobby of One James Center and the Plaza are filled with a variety of activities for our tenants this fall.*



|                          |                                     |                                   |
|--------------------------|-------------------------------------|-----------------------------------|
| October 7 – 25           | Nimrod Artists Exhibit              | Atrium                            |
| October 8 –10            | Wachovia Book Fair                  | Atrium                            |
| October 30               | Trip to Maymont                     | Meet at clock tower               |
| October 31 – November 12 | AIGA Designers Illustrators Exhibit | Atrium                            |
| November 4 – 22          | Focus Group Exhibit                 | Lobby                             |
| November 9               | <b>Richmond Marathon</b>            | Finish at 10 <sup>th</sup> & Cary |
| December 6               | Grand Illumination                  |                                   |

The **Capital Club** knows how stressful this time of year can be. The club has recently added to its massage therapy program and would like to offer James Center tenants a special discount on a restorative massage. Mention that you read about this offer in the newsletter and non-members will receive a \$10.00 discount, members a \$5.00 discount on a one-hour massage. Massage therapy is a natural way to restore the body, mind and spirit and it is an

effective treatment for muscular pains and sports injuries. Take an hour and treat yourself. **788-1400**



It's never too soon to think about the holidays! The **Grand Illumination** is late this year, **Friday, December 6<sup>th</sup>**, because Thanksgiving is so late. You may notice a lot of activity in the unused retail space in the Atrium at the entrance to Tower Three. If you peek in, you'll see that Santa is using the space to wrap the reindeer and stars in lights.

Trammell Crow Company