

James Center

Fall 2010



Hats Off for Courageous Kids!

Jean Ann Bolling, wife of Lieutenant Governor Bill Bolling, spoke at the "Hats Off for Courageous Kids" event on Thursday, September 9, 2010 at James Center Plaza marking National Childhood Cancer Awareness Month. The event was sponsored by the Association for the Support of Children with Cancer (ASK).



Over 500 hats were donated and displayed at the press conference. The hats represent the 500 kids in the Richmond area who will be treated for cancer this year. Each kid will receive a hat at their next treatment.

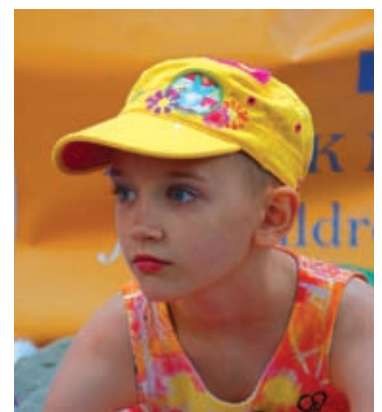


Treatment of childhood cancer is one of modern medicine's success stories. Thirty years ago, few children with cancer lived, but now almost 75% are cured of their disease. However, for the 250,000 survivors of childhood cancer living in the U.S., life can come at a high price. The surgery, radiation, and chemotherapy used to cure children sometimes affects growing bodies and developing minds.

Each September, ASK recognizes Childhood Cancer Month with a portrait display honoring the courageous spirit of children with cancer. The children are proud of their portraits and gain confidence in their appearance through the process. The Courageous Kids exhibit was on display in James Center Atrium in September.



Headquartered in Richmond, Virginia, ASK supports children with cancer in Central Virginia. ASK steps in at the time of diagnosis to provide social, spiritual, emotional and financial support to children and their families. Their mission since 1975 has been to make life better for children with cancer. This year, ASK will serve over 500 children, ages newborn to 21 years of age. For more information, go to www.askweb.org or call (804) 828-1531.





Flu Shot Clinic

Thursday, October 7
from 11:00 a.m. to 2:00 p.m.
Retail Space next to Arby's



Our annual Flu Shot Clinic will be held on Thursday, October 7, from 11:00 a.m. until 2:00 p.m. in the vacant retail space next to Arby's. The cost of a flu shot is \$28.00 and a pneumonia shot is \$55.00. There is no charge for shots if you have Medicare Part B, but please bring your Medicare card with you to take advantage of that benefit.

CANstruction

October 9 - 23
James Center Atrium

CANstruction® is a competition showcasing the talents of design and construction industry professionals and students. Teams are given 12 hours to build fantastic sculptures from thousands of cans of food.



All the canned food used to design and build the exhibition will be donated to the Central Virginia Food Bank. For more information, visit: www.canstruction.org.

Go Over the Edge

With River City Rappel
October 22 - 23
919 E. Main Street

Special Olympics Virginia invites you to go Over the Edge with River City Rappel, October 22-23. Participants who raise a minimum of \$1,000 can rappel down the SunTrust building all to support Special Olympics Virginia. Organizations can band together to raise \$3,000 in order to "Toss Their Boss" for the cause. For more information, visit: www.overtheedgeva.com.

SunTrust Richmond Marathon

Saturday, November 13
8K at 7:00 a.m. • Half Marathon at 7:30 a.m. • Marathon at 8:00 a.m.

Why run Richmond? It's the little things that add up. Course amenities, like junk food stops and wet washcloths. Friendly and courteous volunteers who treat you like more than just a bib number. It's what led *Runner's World* to confirm what we've been saying all along: The SunTrust Richmond Marathon truly is "America's Friendliest Marathon"! For further information and to register, visit: www.richmondmarathon.com.



Donate Life is the official race charity of the SunTrust Richmond Marathon. They work to increase organ, eye and tissue donation in Virginia and across the United States. Through educational efforts, Donate Life encourages all Americans to say "yes" to donation and document their decision to become a donor.

Nearly 100,000 people are currently waiting for a life-saving organ transplant. One organ donor can save 7 lives and one tissue donor can help more than 50 people. Join us in saving lives by recording your donation decision today. Together we can help save lives. To learn more about organ and tissue donation and how you can get involved, visit: www.donatelife.net.

Donate Life Pledge Program runners and walkers can bring collected pledges to the Donate Life table at the Health & Fitness Expo at the Arthur Ashe Center on Thursday, November 11 from 5:00 to 9:00 p.m. or Friday, November 12 from 11:00 a.m. to 9:00 p.m.

Third Annual InLight Richmond

Friday, October 22
7:30 p.m. until Midnight
James Center - Shockoe Slip

InLight Richmond will transform Shockoe Slip with 39 installations created by 60 artists resending a mix of visual and performance art showcased in a variety of unexpected spaces – including sidewalks, alcoves, walls, storefronts, building facades, instant gallery spaces and more. Photography, video, sculpture, mixed media, interactive, sound, digital, and performance art are just a sampling of the art you will experience.

1708 Gallery calls anyone who is a fashion designer at heart to submit their designs for the 13th Annual Wearable Art InLight Competition and Fashion Show. The winning designs will be presented by models walking through the streets ending up on stage. A panel of judges will determine who receives the Best in Show and other awards. Submission deadline for Wearable Designs is 5:00 p.m. Friday, September 25. To enter your design, find more details about InLight Richmond and to see images from previous years, please visit: www.1708gallery.org/inlight.



Hello, Goodbye

Hello to Sharon Tanner



Sharon Tanner is beginning her work as Redlee/SCS, Inc.'s new Operations Manager for James Center. Sharon was born and raised in Chesterfield County and currently resides in Mechanicsville with her two daughters, Rachel, 19 and Meredith, 14.

Before joining Redlee/SCS, Inc., she had been employed by the City of Richmond Circuit Court, Henrico County Circuit Court and

Hanover County Public Schools. Sharon enjoys music, all sports, gardening and camping. Welcome to James Center, Sharon!

Goodbye to Sylvester "Bubba" Dabney



After 8 years of service at James Center, Bubba is retiring!

Bubba was born and raised in the Southside of Richmond. He attended the Richmond City Public Schools and served in Vietnam in the U.S. Army.

Mark Your Calendar

ART EXHIBITS

Good Neighbor Village Exhibit	September 11 - 25
Focus Group Camera Club	October 2 - 29
CANstruction	October 9 - 23
James River Art League	November 6 - 20

One James Center Lobby
One James Center Lobby
Atrium
One James Center Lobby

FLU SHOT CLINIC

October 7

Open Retail Space next to Arby's

11:00 a.m. - 2:00 p.m.

BLOOD DRIVE

October 20

Two James Center, 14th Floor

9:00 a.m. - 1:30 p.m.

HOLIDAY 2010 EVENTS

Grand Illumination	December 3
Tenant Holiday Party	December 9

James Center Complex	5:45 p.m. - 7:00 p.m.
The Bull & Bear Club	5:00 p.m. - 7:00 p.m.

